

**Consider a private consultation with Joane Goulding via Skype?  
The creator and author of the Goulding SleepTalk® process.  
6 month course with a guaranteed programme of support.**

Is your challenging child causing you to doubt yourself and your parenting abilities? Do you feel misunderstood and on a merry-go-round of endless consultations and dead ends? If so – I've also been there and done that! And frustratingly for many years without results!

So in the 1970's I developed the Goulding SleepTalk® Process. I now devote my life to the propagation of this very simple and yet profoundly essential process that I have shared with thousands of people all over the world. I've attached some interesting feedback and case histories for you to read.

The SleepTalk® has been reviewed by professional after professional, has been validated by every parent who uses the process as it was intended, and has created many thousands of happy children. And now I want to save you the searching and heart ache and financial cost that I went through by offering you this very simple, non-threatening, loving, positive, easy to apply process that could profoundly change how your child feels about themselves, and therefore how they behave and interact with the rest of the world.

### **How your children could benefit**

If you want your children to:

- Feel happy
- Feel empowered
- Create friendships
- Become better socially adjusted
- Overcome fears and phobias
- Stop bedwetting
- Play collaboratively
- Be able to communicate their needs better
- Find reward in learning



If you want the above for your child(ren) than I would like to offer you this very simple process that takes just 2 minutes a night when your child is sleeping. I have named this process the Goulding SleepTalk® Process. You talk and they listen while asleep and it takes just 2 minutes.

### **That's right - You talk – They listen – Creating happiness while they sleep.**

The process has helped in so many cases and I have so many amazing stories I could share with you about children who have been helped with: ADHD, adoption issues, anger, anxiety, Asperger's, autism, bullying, lymphoma, emotional outbursts, confidence, nightmares, OCD, panic, lack of respect, nail biting, PTSD, sleep issues, speech impediments, stress, hearing problems and tantrums among many others. **And** it can work on children from babies to 15 or 16 of age.

How can I sit on this information? How could I not offer you the benefit of this amazingly effective and simple process - taking just 2 minutes a night, saving years of searching and financial outlay along with way? Take this opportunity to stop the distress of sibling rivalry, separation anxiety, stress, fear and anger.

## Professional Endorsement

*"The Goulding Process is a sensible practical and easy-to-follow method of communicating important messages to the subconscious mind. This process should be used by all parents, educators and health professionals and the practice adopted in the management of all disorders in which the mind plays a significant role"*

**Professor Ian E Brighthope: Fellow: Australasian College of Nutritional and Environmental Medicine.**

### What's the draw back?

If you're prepared to work consistently each evening as advised there are none☺. However if you are not ready to become the parent your child needs when they ditch their hang-ups, you may have to ask yourself some bigger questions about what is important in your life.

If you're ready to address anything and everything to create a happy child, then you cannot fail.

There are no contraindications with this process – you can do no harm. This very simple 2 minute a night SleepTalk® process will create everything that it promises if you do it exactly as instructed. The SleepTalk® process is like brushing our teeth every night. We would never ever not do it. You talk – they listen – creating happiness while they sleep.

Your initial session with me via Skype depends on the individual circumstances however allow at least 90 minutes for our first consultation. During this initial discussion we will identify your concerns and document the issues. During the following weeks we establish email contact and have a further 2 appointments (via Skype) to ensure progress is occurring. Email: [joane1@bigpond.com](mailto:joane1@bigpond.com) to request an appointment.

### My guarantee to you



If you carry out this process 100% *to the letter* over the 6 months necessary and you do not get change, I will offer you a full money back guarantee. All I ask in return is for you to describe to me what you did. I haven't yet had anyone continue with the process and not get the results and that's why I confidently offer a money back guarantee if you are the first one for whom change didn't occur. However, I'm certain after many thousands of people's testimonies, that it will bring results if you do it as instructed.